

PSHE Overview



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Me and my relationships - All about me -What makes me special? -Me and my special people -Who can help me? -My feelings 1 -My feelings 2	Keeping Myself Safe -What's safe to go onto my body? -Keeping myself safe (medicines) -Safe indoors and outdoors -Listening to my feelings -Keeping safe online -People who help me keep safe	Rights and responsibilities -Looking after my special people -Looking after my friends -Being helpful at home and caring for our classroom -Caring for our world -Looking after money, recognising, spending, using -Looking after money, saving money and keeping it safe	Being my Best -Bouncing back when things go wrong -Yes, I can -Healthy Eating (1) -Healthy Eating (2) -Move your body -A good night's sleep	Valuing difference -I'm special, you're special -Same and different -Same and different families -Same and different homes -Kind and caring 1 -Kind and caring 2	Growing and Changing -Seasons -Life stages-plants, animals and humans -Life stages: Human life stage – who will I be? -Where do babies come from? -Getting bigger -Me and my body – girls and boys
Y1	Me and my relationships -Why we have classroom rules -Thinking about feelings -Our feelings -Feelings and bodies -Our special people balloons -Good friends -How are you listening?	Keeping myself safe -Healthy me -Super sleep -Who can help? -Harold loses Geoffrey -What could Harold do? -Good or bad touches -Sharing pictures	Rights and responsibilities -Harold's wash and brush up -Around and about the school -Taking care of something -Harold's money -How should we look after our money? -Basic first aid	Being my best -I can eat a rainbow -Eat well -Catch it, bin it, kill it -Harold learns to ride his bike -Pass on the praise -Harold has a bad day	Valuing difference -Same or different? -Unkind, tease or bully? -Harold's school rules -Who are our special people? -It's not fair	Growing and changing -Inside my wonderful body -Taking care of a baby -Then and now -Who can help (2) -Surprises and secrets -Keeping privates private
Y2	Relationships -Our ideal classroom -Our ideal classroom 2 -How are you feeling today? -Bullying or teasing? -Don't do that -Types of bullying -Being a good friend -Let's all be happy	Keeping myself safe -Harold's picnic -How safe would you feel? -What should Harold say? -I don't like that! -Fun or not? -I should tell -Secrets should never be kept	Rights and responsibilities -Getting on with others -When I feel like erupting -Feeling safe -How can we look after our environment? -Harold saves for something special -Harold goes camping -Playing Games	Being my best -You can do it -My day -Harold's postcard – how to keep us clean and healthy -Harold's bathroom -My body needs -What does my body do?	Valuing difference -What makes us who we are? -How do we make others feel? -My special people -When someone is feeling left out -An act of kindness -Solve the problem	Growing and changing -A helping hand -Sam moves away -Haven't you grown! -My body, your body -Respecting privacy -Basic first aid

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Y3	<p>Relationships</p> <ul style="list-style-type: none"> -As a rule -My special pet -Tangram team challenge -Looking after our special people -How can we solve this problem -Dan's dare -Thunks -Friends are special 	<p>Keeping myself safe</p> <ul style="list-style-type: none"> -Safe or unsafe? -Danger or risk? -The risk robot -Alcohol and cigarettes; the facts -Super searcher -None of your business -Raisin Challenge 1 -Help or harm? 	<p>Rights and responsibilities</p> <ul style="list-style-type: none"> -Our helpful volunteers -Helping each other stay safe -Recount task -Harold's enrichment project -Can Harold afford it? -Earning money 	<p>Being my best</p> <ul style="list-style-type: none"> -Derek cooks dinner (healthy eating) -Poorly Harold -For or against? -I am fantastic -Getting on with your nerves -Body team work -Top talents 	<p>Valuing difference</p> <ul style="list-style-type: none"> -Family and friends -My community -Respect and challenges -Our friends and neighbours -Let's celebrate our differences# -Zeb 	<p>Growing and changing</p> <ul style="list-style-type: none"> -Relationship tree -Body space -Secret or surprise? -My changing body -Basic first aid
Y4	<p>Me and my relationships</p> <ul style="list-style-type: none"> -An email from Harold -Ok or not ok? (1) -Ok or not ok? (2) -Human machines -Different feelings -When feelings change -Under pressure 	<p>Keeping myself safe</p> <ul style="list-style-type: none"> -Danger, risk or hazard -Picture wise -How dare you -Medicines check the label -Know the norm -Keeping ourselves safe -Raisin challenge 2 	<p>Rights and Responsibilities</p> <ul style="list-style-type: none"> -What helps us stay healthy and safe? -It's your right -How do we make a difference? -In the news -Safety in numbers -Logo quiz -Harold's expenses -Why pay taxes? 	<p>Being my best</p> <ul style="list-style-type: none"> -What makes me -Making choices -SCARF hotel -Harold's seven R's -My school community -Basic First aid 	<p>Valuing difference</p> <ul style="list-style-type: none"> -Can you sort it? -Islands -Friends or acquaintance -What would I do? -The people we share our world with -That is such a stereotype! 	<p>Growing and changing</p> <ul style="list-style-type: none"> -Moving house -My feelings are all over the place -All change -Preparing for periods -Secret or surprise -Together
Y5	<p>Me and my relationships</p> <ul style="list-style-type: none"> -Collaboration Challenge! -Give and take -How good a friend are you? -Relationship cake recipe -Being assertive -Our emotional needs -Communication 	<p>Keeping myself safe</p> <ul style="list-style-type: none"> -Thinking about habits -Jay's dilemma -Spot bullying -Ella's diary dilemma -Decision dilemma -Play, like, share -Drugs; true or false -Smoking: what is normal? -Would you risk it? 	<p>Rights and Responsibilities</p> <ul style="list-style-type: none"> -What's the story? -Fact or opinion? -Rights, responsibilities and duties -Mo makes a difference -Spending wisely -Lend us a fiver! -Local councils 	<p>Being my best</p> <ul style="list-style-type: none"> -Getting fit -It all adds up! -Different skills -My school community (2) -Independence and responsibility -Star qualities -Basic First Aid 	<p>Valuing difference</p> <ul style="list-style-type: none"> -Qualities of friendship -Kind conversations -Happy being me -The land of the Red People -Is it true? -It could happen to anyone 	<p>Growing and changing</p> <ul style="list-style-type: none"> -How are they feeling? -Taking notice of our feelings -Dear Hetty -Changing bodies and feelings -Growing up and changing bodies -It could happen to anyone -Help! I'm a teenager – get me out of here! -Dear Ash -Stop, start, stereotypes
Y6	<p>Me and my relationships</p> <ul style="list-style-type: none"> -Working together -Let's negotiate -Solve the friendship problem -Assertiveness skills -Behave yourself -Dan's Day -Don't force me -Acting appropriately -It's a puzzle 	<p>Keeping myself safe</p> <ul style="list-style-type: none"> -Think before you click! -Traffic lights -To share or not to share? -Rat Park -What sort of drug is ...? -Drugs: It's the law! -Alcohol: what is normal? -Joe's story (part 1) -Joe's story (part 2) 	<p>Rights and Responsibilities</p> <ul style="list-style-type: none"> -Two sides to every story -Fakebook friends -What's it worth? -Jobs and taxes -Action stations! -Project Pitch (part 1 and 2) -Happy Shoppers -Democracy in Britain 1 – Elections -Democracy in Britain 2 – How (most) laws are made 	<p>Being my best</p> <ul style="list-style-type: none"> -Five Ways to Wellbeing project -This will be your life! -Our recommendations -What's the risk (1) -What's the risk (2) -Basic First Aid 	<p>Valuing difference</p> <ul style="list-style-type: none"> -Okay to be different -We have more in common than not -Respecting difference -Tolerance and respect for others -Advertising friendships -Boys will be boys – challenging gender stereotypes 	<p>Growing and changing</p> <ul style="list-style-type: none"> -Helpful or unhelpful? Managing change -I look great! -Media manipulation -Pressure online -Is this normal? -Dear Ash -Making babies -What is HIV?

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